Lesson Goals

- Review questions that students left in the question box from the last lesson
- Identify and describe the structure and function of the male reproductive system
- Become aware of the maturation process of the male reproductive system
- Learn the proper vocabulary for the male anatomy
- Understand the process of sperm production and ejaculation

SEL Skills Addressed

Self-awareness
Social awareness
Self-management

Terms Used:

Penis
Scrotum
Testicles
Vas Deferens
Urethra
Sperm
Semen
Circumcision
Erection
Ejaculation
Nocturnal Emission (Wet Dream)

TIME: 45 minutes

Materials: Folders, Index Cards, Question Box, Handouts (Male Reproductive System), and Video "Let's Talk Puberty for Boys," and website http://kidshealth.org/kid
**Activity 1 - What’s in The Question Box**

Greet students and ask volunteers to pass out folders, index cards. Respond to some of the questions that students have left in the question box. Remind students that it is natural to have questions. Encourage them to use the question box or to ask their parents/guardians/or other trusted adults. Tell them that this leads us into our next activity - the review of the parent interview experience.

**Activity 2 - Review of Parent Interview Experience**

Collect students’ signed interview sheets. Facilitate a conversation about the experience of talking with a parent/guardian or other trusted adult about their experience with puberty. You can do this as one large class or in small groups. Remind students that the purpose of this assignment was to open up a line of communication with a trusted adult in their lives. Let students know that you are aware that this may, or may not have been the first time that they have had this type of conversation with their parent/guardian.

Before students start to share, remind them that the details of the conversations that they had with their adult are confidential. You do not want them to share any of the actual responses. You do, however, want them to talk about the experience of having an adult to talk to.

**Discussion Questions:**

Did you interview a male - female - or both?  
Why did you decide to interview the person you chose?  
What were your thoughts or feelings leading up to this conversation?  
Were you nervous?  
Did you procrastinate, because you didn’t want to talk about these things.  
How did you feel once the conversation got started? Did you feelings change?  
How do you feel now that you have had this conversation?  
Were there any similarities between you and your parent/guardian/trusted adult? Were their experiences similar of different from yours?  
Did anything surprise you?  
Did your conversation go beyond these 5 interview questions?
Activity 3 - The Structure of the Male Reproductive System

Give each individual student a copy of the *The Structure of the Male Reproductive System* handout. Students will see a diagram of the male reproductive system. They will also have a list of vocabulary words with their definitions. Each word represents a part of the male reproductive system. Tell them that today’s lesson will focus on the parts of the male reproductive system and you want to see how many of the parts they already know. Ask students to read through the terms and definitions and attempt to match each term with the correct body part. Once students have had some time to fill in the diagram - go over each term and show them where it belongs on the diagram. Some students will be able to do this and some will not. The purpose of this part of the activity is to stimulate their curiosity and to see what they already know and do not know.

Activity 4 - Review

Review this material using a visual. You can use the video - *Let’s Talk Puberty for Boys*, and/or the website [http://kidshealth.org/kid](http://kidshealth.org/kid). This will serve as a review of the material covered in this lesson. It will also present the information in a different way which will address different learning styles.
Male Reproductive System

Directions: Label the body parts above with the correct term.

1. **Penis** - The male reproductive organ which is also the male urinary organ. It is soft, spongy tissue that becomes erect when filled with blood.

2. **Scrotum** - The sac of skin or pouch on the outside of the body that contains the testicles.

3. **Testicles** - The walnut-shaped male organs (glands) located in the scrotum which produce the sperm (reproductive cells) and the male hormone, testosterone.

4. **Vas Deferens** - Two tubes that carry sperm from the testicles.

5. **Urethra** - The duct that allows urine to be discharged from the bladder. It also carries sperm and semen but never at the same time with urine.
Vocabulary Associated with the Function of the Male Reproductive System

**Foreskin**: A loose skin that covers the head of the penis; all males are born with foreskin.

**Circumcision** - The removal of loose skin (called foreskin) which covers the end of the penis. This is often done when the boy is newborn. It can be done (or not done) for religious or cultural reasons. **Sperm** - The male sex cells that are produced by the testicles. They can only be seen through a microscope. They are so tiny that 10,000 sperm can fit on a period at the end of a sentence. Sperm are carried in a liquid called semen.

**Ejaculation** - This is when semen is released by the penis. This happens when all the muscles around the reproductive organs contract several times, pushing the semen out through the urethra in a few little spurts. During an ejaculation urine cannot come out.

**Erection** - This is when the penis gets larger and stiffer and rises. This happens because the spongy tissue in the penis fills with blood. An erection can happen when a male is physically stimulated or sometimes for no reason at all (which can be quite embarrassing). Almost all males have erections on and off while they sleep.

**Nocturnal Emission (Wet Dreams)** - This is when a boy has an ejaculation at night, during his sleep. Sometimes it might be because a boy has a dream that arouses his feelings. Other times, it happens because the body needs to release (ejaculate) the sperm and semen it has been producing. A wet dream can be embarrassing because a boy might wake up and find a small wet area on his pajamas or sheets. Wet dreams are a normal experience during puberty.

**Semen** - The fluid released by the penis at the time of ejaculation. It contains sperm and seminal fluid made by the other glands to nourish and transport sperm. In each ejaculation, up to a teaspoon of semen is released with over 400 million sperm cells.

**Sperm** - The male reproductive cells that are produced by the testicles. They can only be seen through a microscope. Sperm are carried in the semen. When a sperm joins with an egg cell in the female, a baby begins to develop.
Process Questions

1. What was one fact that you learned today that surprised you?
2. Why do you think it is important to use the correct terms to refer to the male body parts?
3. How might a boy feel if he were hit in the testicles in front of his female peers?
4. How might a boy feel if girls were teasing him about the changes he is going through during puberty?
5. What might you do or think differently after learning about the male reproductive system?