



Needham Community Education

NCE

MIDDLE SCHOOL PROGRAMS

MIDDLE SCHOOL AFTER SCHOOL ENRICHMENT OPTIONS

SPRING 2018

Session Dates:

April 5th to June 8th

Needham Community Education is pleased to offer high quality after school enrichment opportunities for High Rock and Pollard Middle School students. **NCE Middle School** classes are taught by Needham Public School staff, community members, as well as other qualified professionals, and are designed to give students a chance to connect and learn beyond the classroom in a fun, engaging, and relaxed environment. Classes will be held at POLLARD Middle School. Have a sixth grader attending High Rock Middle School? No problem! NCE offers transportation to Pollard. Come join the fun!

REGISTRATION opens March 20th at 7am.

<http://www.schoolpay.com/link/NCEMiddleSpring2018>

Registration ends on Friday, March 30th, at 12pm.

Needham Public Schools

SUPERINTENDENT

Daniel E. Gutekanst

NEEDHAM SCHOOL COMMITTEE

Heidi Black, Chair	Susan B. Neckes
Aaron Pressman, Vice Chair	Andrea Longo Carter
Michael J. Greis	Matthew Spengler
Connie S. Barr	

Needham Community Education

Needham Community Education (NCE) is an office of the Needham Public Schools and combines a number of out-of-school time programs into one administrative office. Programs are self-sustaining and include elementary and middle school after school programs, Adult Education, Summer Explorations and other summer programs, Kindergarten Enrichment (KASE) and more.

Through **NCE MIDDLE SCHOOL** we hope to provide quality lifelong learning experiences that are accessible to middle school students. We seek to offer interesting educational, cultural, and skill-building classes at a reasonable cost. To view this catalog online, please visit our website at www.needham.k12.ma.us (click on Community Ed). Call us at 781-455-0400 x235 for more information, or to offer suggestions for courses or teachers.

Contact Information: School Administration Building, 1st Floor
1330 Highland Avenue
Needham, MA 02492
Telephone: 781-455-0400 x235
Fax: 781-455-0417
Website: http://www.needham.k12.ma.us/community_ed
Office Hours: 8am-4pm, Monday-Friday

NEEDHAM NON-DISCRIMINATION POLICY

The Needham Public Schools do not discriminate on the basis of age, race, color, sex, gender identity, religion, national origin, sexual orientation or disability, and ensure that all students and employees have equal rights of access and equal enjoyment of the opportunities, advantages, privileges and courses of study.

Spring 2018

April 5th, 2018 to June 8th, 2018

**Please note the start and end dates for some classes differ as noted in the class descriptions.*

CLASS DETAILS *(in alphabetical order)*

ADVANCED MINECRAFT

Grades: 6, 7 & 8

Empow Instructor

Grab a pickaxe and join your fellow Minecraftians for a class in design challenges. Empow Studios instructors teach the fundamentals of electrical engineering using Redstone, a special kind of element that mimics electricity almost perfectly. As they master their Redstone skills, student will learn to mod with a combination of coding software and automation inside of Minecraft. It's the perfect blend of fun, learning, and creativity. All students must play in "Creative Mode," and must follow our rules of respect.

POLLARD

MONDAYS: 7 weeks, 5:00pm-6:00pm

Dates: April 9th – June 4th

(No class April 16th and May 28th)

Fee: \$195

BUBBLE SOCCER

Grades: 6, 7 & 8

Sportszone101 Instructor

Have you ever wondered what it would be like to mix sports and bumper cars? Well we finally know! Come join us for Bubble Soccer! Our participants will be strapped into concussion proof inflated bubbles. The game is very simple. You run into each other and try to get the soccer ball in your opponents net! This game is lots of fun, and completely different from anything you've ever done before. We can guarantee it! Do you think you have what it takes to maneuver your way through a field of obstacles and score? Come find out!

POLLARD

FRIDAYS: 6 weeks, 2:50-3:50pm

Dates: April 27th – June 1st

Fee: \$160

CROSSFIT KIDS

Grades: 6, 7 & 8

ONE Nation Fitness Staff Member

Using a combination of calisthenics, running, rowing, jumping, throwing, carrying, pushing, pulling, climbing and lifting (the stuff we used to call 'playing') we encourage kids to LOVE exercise. We use age-appropriate skills, challenges, and loads. Some of our favorite games, American Ninja, relay races, obstacle courses, dodge ball, and capture the flag are blended with traditional fitness movements to make class fun for the kids! We challenge kids in a progressive way that builds their confidence!

POLLARD

WEDNESDAYS: 6 weeks, 2:50-3:50pm

Dates: April 25th – May 30th

Fee: \$110

CUPCAKE DECORATING

Grades: 6, 7 & 8

Ms. Cindy Carson

Cupcakes are the most fun baked item today for both kids and adults. Each week your child will learn how to use a pastry bag and create fun cupcake creations that they can eat or bring home. After learning the basics, we will create Cheeseburger Cupcakes, Doggie Cupcakes, Floral Cupcakes, even Animal and Snowmen Cupcakes. It will be tons of fun!

- **Allergy Alert: Children will be eating and working with food products during this course. Please alert us to any food allergies when registering.**

POLLARD

WEDNESDAYS: 6 weeks, 2:50-3:50pm

Dates: April 11th – May 23rd

(No class April 18th)

Fee: \$140

DIGITAL ANIMATION

Grades: 6, 7 & 8

Empow Studios Instructor

Students will learn to use digital animation software, such as Stykz and OpenToonz, to create their own short animated films. Stykz makes it easy for beginners by incorporating pre-made figures while OpenToonz allows for more experienced artists to explore the powerful tools used by Studio Ghibli to bring their ideas to life. This class shows students how to animate step-by-step, allowing them to explore their creativity while learning about storytelling, time-management, and the 12 principals of animation. This class is great for all levels of experience.

POLLARD

FRIDAYS: 7 weeks, 2:50pm–3:50pm

Dates: April 27th - June 8th

Fee: \$195

DODGEBALL

Grades: 6, 7 & 8

Sportszone 101 Instructor

Come join the Sports Zone 101 coaches as we endeavor on a 6-week tournament journey to crown the Sports Zone 101: Pollard Middle School Dodgeball Champions. Our students will go head to head in multiple styles of dodgeball for a chance at the Dodgeball Trophy. Each week we will feature a new team or individual dodgeball challenge, and every win will earn points towards each team's tournament score. But, it's not all about winning at Sports Zone 101. Each team, and each partner, has the opportunity to bring their team score up or down based on their behavior. Special prizes may be rewarded too, based on performance, knowledge, sportsmanship, integrity, and much more...!

POLLARD

MONDAYS: 6 weeks 2:50–3:50pm

Dates: April 23rd – June 4th

(No class May 28th)

Fee: \$150

ENGINEERING DESIGN WOODSHOP: BEGINNERS AND ADV BEGINNERS

Grades: 7-8 Only

Mr. Cournoyer, Engineering Design Teacher & Instructional Technology Specialist, and Chuck Dome, Pollard Special Education Teaching Assistant

If you enjoy creating things, using tools, and working with wood, join us for this woodworking and design class to develop your skills and work on projects of your own choosing. You will gain basic woodworking skills as well as engineering design skills as you tap into your creativity to design and build unique projects in this fully hands-on class. Each student will learn tool and shop safety as they gain confidence in handling first hand tools and then power tools. To ensure safety, students must be able to follow directions carefully, and handle tools as instructed. As you work on your projects, you will learn about various building materials, and use math, science and engineering processes to aid your work. Join us to build, create, and learn!

POLLARD, Room 224

TUESDAYS: 6 weeks, 2:50-4:50pm

Dates: April 24th – May 29th

Fee: \$205

FLAG FOOTBALL

Grades: 7 & 8 Only

Jack Baker and Mike Ryan, Pollard Instructors

Brought back by popular demand! Flag football is non-stop action. Running, throwing, catching, and dodging opponents is an awesome way for students to interact with peers, remain active, and stay warm through out the Spring. Athletic clothes recommended!

POLLARD,

WEDNESDAYS: 6 weeks, 2:50-3:50pm

Dates: April 11th – May 23rd

(No class April 18th)

Fee: \$80

LOTUS YOGIS

Grades: 6, 7 & 8

Blue Lotus Healing Arts Instructor

Movement, thus yoga, is essential for preteen's fast-growing bodies. Yoga provides this age group with essential life tools: fosters body awareness; gives them a sense of achievement and empowerment; helps them to discover themselves, bolsters self-belief; provides them with connections/relationships, communication and trust; boosts their self-esteem and self-confidence. This class is alive with cool upbeat music, partner and group poses, and creativity, ending with relaxation and massage.

BLUE LOTUS HEALING ARTS

945 Great Plain Ave, 2nd Floor

MONDAYS: 8 weeks, 3:00–4:00pm

Dates: April 9th – June 11th

(No class April 16th or May 28th)

Fee: \$175

INTRO TO PARKOUR FITNESS

Grades: 6, 7 & 8

Parkour Generations Staff Instructor

Parkour is a fun sport that involves negotiating obstacles by running, jumping, and climbing. This beginner parkour program is the perfect place to start your parkour journey. You will learn the basic fundamentals of movement and training principles while also developing the strength and fitness vital to the discipline. In each 1.5 hour session of movement, mobility, strength, fitness, power and precision, your body will respond like never before and lay the foundations for becoming the most athletic version of yourself imaginable. Classes will be outside, except in inclement weather, so dress accordingly.

HIGH ROCK MIDDLE SCHOOL

Thursdays: 8 weeks, 4:45pm – 6:15pm

Dates: April 5th – May 31st

(No class April 19th)

Fee: \$225

WRESTLING CLINIC

Grades: 4, 5 6, 7 & 8

Eric Rubin, NHS Asst Wrestling Coach

Whether you are a new or experienced wrestler, Needham Varsity Assistant Wrestling Coach, Eric Rubin, will introduce you to the fundamentals of folk style wrestling and develop your skills. A proven balance of group work and one-on-one attention will allow you to learn and improve during this program. The coach will create an environment that fosters hard work and competition, with an emphasis on fun and sportsmanship. Please wear a t-shirt and shorts, and bring a water bottle. The coaches recommend that you bring wrestling shoes, headgear, and a mouth guard (for any wrestler with braces).

NEEDHAM HIGH SCHOOL

(Wrestling Room)

WEDNESDAYS: 8 weeks, 6:30-7:45pm

Dates: April 11th – June 6th

(No class April 18th)

Fee: \$185

WEIGHT TRAINING

Grades: 6, 7 & 8

Ms. Beth Crowe, High Rock Instructor

Students will learn the fundamentals of weight training, including mastering technique and control, while also developing a better understanding of their personal wellness. This coed class is open to all interested middle schoolers.

POLLARD

THURSDAYS, 6 weeks, 3:30-4:30pm

Dates: April 12th - May 31st

(No class April 19th)

Fee: \$85

PROGRAM INFORMATION

Registration opens March 20th, 2018 at 7am. All registrations (with the exception of scholarship registrations) must be made online through School Pay at <https://www.schoolpay.com/link/NCEMiddleSpring2018>. Please note that some classes fill quickly. Registrations are taken on a first-come, first-serve basis. Register early to avoid being closed out. **No refunds will be made once a registration is processed.** Classes may be cancelled by NCE due to low enrollment, so please register early. Classes cancelled by NCE will be refunded in full. Refunds will be made by check and may take up to three weeks.

Scholarship assistance is available to students who are eligible for free or reduced lunch (one class per student each session). To request a scholarship, please contact NCE at 781-455-0400 x235.

Wait Lists: If you would like to add your child to a wait list for a full class, please email Alyssa Handler, at Alyssa_Handler@needham.k12.ma.us. Include the class name, location, your child's name, and your best daytime phone number(s).

Please note that no nurse will be on duty during NCE Middle School programs, and staff members have no access to medications, including EpiPens and inhalers. If your child requires an EpiPen, please deliver an EpiPen and a copy of your child's Allergy Action Plan to the NCE Middle School On-Site Coordinator on the first day of the program. If these items are not provided, staff will call 911 in the event of an apparent allergic reaction. If your child will be bringing his/her inhaler, please provide the On-Site Coordinator with a note indicating 1) that your child can self-administer and 2) that you have provided the school nurse with a copy of the medical order for the inhaler.

If the Needham Public Schools are closed or released early due to inclement weather, after-school classes will be cancelled. Make-up classes will be scheduled if possible.

All school policies outlined in the school Student Handbook apply to NCE Middle School classes.

ARRIVAL AND DISMISSAL INFORMATION

High Rock students attending NCE Middle School Enrichment Programs are eligible for bus transportation to Pollard. If a student possesses a bus pass, he/she should ride his/her assigned bus to Pollard. If a student does not possess a bus pass, he/she will be advised (at dismissal time) as to which bus to board.

Students must check in with the NCE On Site Coordinator at Pollard. An on-site coordinator will be available each day of class to provide support for the classes and to ensure an orderly dismissal. The coordinator will greet students in the Pollard Lobby and escort them to the cafeteria to await the start of the NCE program. There, they are free to relax, enjoy a snack (brought from home), and begin homework, if they choose. Students may walk home or be picked up at the end of class.

If you have any questions regarding registration, please feel free to contact:
Needham Community Education Office, 781-455-0400 x 235 or x222
e-mail: Alyssa_Handler@needham.k12.ma.us