

Class <a href="#">Register here</a>	Date	Time	Description <a href="#">Register here</a>	Materials Needed
Babysitting Lessons and Safety Training	<b>Monday, 10/19</b>	4pm-6pm	The <b>BLAST (Babysitter Lessons and Safety Training)</b> program provides training in pediatric first aid, household safety, and the fundamentals of childcare. In addition, this course helps prepare children to interview for a babysitting job, select safe and suitable games and activities, prevent accidents, and begin babysitting safely and competently. Topics covered include: feeding, burping a baby, spoon-feeding, crying, and preparing for bed, behavioral problems, and discipline.	Provided by Vendor
Babysitting Lessons and Safety Training	<b>Tuesday, 11/10</b>	4pm-6pm	See above	
Digital Arts Academy	<b>Tuesdays,</b> Oct 13 – Dec 1  8 sessions	4:00pm-5:30pm	Does your child have a budding interest in architecture, construction or engineering buildings and structures? Or, are they more interested in sculpting, 3D art, and 3D printing? We've got the class for you! In this program, students will explore three essential and complementary ways to design in three dimensions. We'll start with Tinkercad, where we will apply the concept of Constructive Solid Geometry towards designing a solid, often linear and symmetrical object — such as furniture, wrench or chess piece. Next, we'll build in virtual clay, using SculptGL, a web tool, and gain exposure to conceiving of 3D rounded surfaces as a collection of flat triangles or other polygons (mesh geometry). And, last, we will explore larger 3-dimensional spaces, with both internal and external design elements, by architecting houses using Sweet Home 3D. This is a super fun class that brings together the best in STEM and art!	Windows or Mac Computer
Explore 3D Printing	<b>Tuesdays,</b> Oct 13 – Dec 1  8 sessions	3:30pm-4:30pm	Create 3D models and bring your creations to real life! In this project-based hands-on class, you'll learn the basics of 3D modeling in Tinkercad and use 3D printers to make 3D print(s).	Windows or Mac Computer
"Yes and..." Improvisation for Middle Schoolers	Tuesdays, Oct 13 – Nov 17  6 sessions	7:00pm-8:00pm	Your student will be introduced to the tenets of improvisation through the use of drills, exercises and games. They will experience first-hand why improvisation is not just about comedy and performing, but a way to <i>be</i> with more freedom, confidence, and positivity.	Provided by vendor

CrossFit Kids	<p><b>Wednesdays,</b> Oct 14-Dec 16</p> <p>(No class 11/11 or 11/25)</p> <p>8 sessions</p>	1:30pm-2:30pm	<p>Stay at home measures have been tough on everyone, but especially on families looking to stay active. One Nation Fitness has been keeping parents and kids active with outside socially distant classes. Now we are launching a fun at home “Backpack” program. A trusty backpack can do more than tote kids’ essential school supplies. It’s the perfect workout tool as well.</p> <p>Join One Nation’s coaches virtually each week as they take you through kid-friendly workouts that will keep your household healthy and active while we #stayhome and #staysafe. Each class incorporates fun activities, using a backpack and a healthy amount of imagination</p>	Backpack
Culinary 101: Cooking in Quarantine	<p><b>Wednesdays,</b> Oct 14-Dec16</p> <p>(No class 11/11 or 11/25)</p> <p>8 sessions</p>	5:00pm-6:00pm	This series will include culinary basics, classic foundation recipes with modern flare and fun/challenging topics like “What can I cook out of my pantry”.	List of Ingredients Provided Prior to Start of Each Class
Drawing & Painting	<p><b>Wednesdays,</b> Oct 14 – Dec 2</p> <p>(No class 11/11 or 11/25)</p> <p>6 sessions</p>	3:00pm-4:00pm	Explore and experiment with drawing techniques such as sketching, contour drawing, and shading to make things look 3D. We’ll then move into adding fun details to our drawings, like pattern, design, and color. We’ll play with marker and watercolor techniques to add color and fun. Mixed media techniques, like magazine collage plus drawing will be an option as well!	Material list to be provided
Magic, The Gathering	<p><b>Wednesdays &amp; Fridays,</b> Oct 14 – Dec 4</p> <p>(No class 11/11, 11/25, or 11/27)</p> <p>13 sessions</p>	3:00pm-4:00pm	Come be a part of the original trading card game phenomenon! Become a Planeswalker, build your deck of creatures, equipment, and spells, and battle others for control of the plane and ultimate bragging rights. Don't know how to play? No problem. We'll teach you. Have fun, learn a new skill, and meet some cool new gamer friends!	Windows or Mac Computer

Virtual Workouts with Ms. Crowe	<p><b>Wednesdays,</b> Oct 14 – Dec 2,</p> <p>(No class 11/11 or 11/25)</p> <p>6 sessions</p>	3:00pm-4:00pm	<p>Have you been sitting around more than usual lately? Let's get moving and put your fitness to the test! Ms. Crowe is offering a virtual exercise class from 3-4 pm where you will engage in exercise games, competitions, and circuit-style workouts!</p>	
JavaScript & Animation	<p><b>Thursdays,</b> Oct 15 – Nov 19</p> <p>6 sessions</p>	4:45pm-5:45pm	<p>Programming can be a lot of fun – especially when you combine it with art. And this is what Coding Butterfly is all about. We have courses for kids where art and computer science meet. We teach programming language as an art form and bring logical and abstract thinking into art. We bring the analytical skills through visuals and make visuals to be seen tangled together with mathematics.</p>	Windows or Mac Computer
CrossFit Kids (Onsite)	<p><b>Thursdays,</b> Oct 15 – Dec 10</p> <p>(No class 11/26)</p> <p>8 sessions</p>	3:15pm-4:15pm	<p>Class will be held at <b>10 Charles St (rear), in Needham.</b> Using a combination of calisthenics, running, rowing, jumping, throwing, carrying, pushing, pulling, climbing and lifting (the stuff we used to call 'playing') we encourage kids to LOVE exercise.</p> <p>A note from One Nation: "Classes are predominantly outside (weather permitting), and all stations have a 16 square foot rubber mat which is 15 feet apart from the next athlete. If weather is inclement we have the exact same set up inside. The facility is 12,000 square feet, so there's ample room to workout in a safe distanced manner. We also have an industrial air ventilation system that brings fresh air in and cycles air out.</p> <p>With respect to masks, when students are in their stations (15 feet apart) they can take their masks off. If they move from their station to a common area, like a bathroom, they must wear a mask. We also don't share any equipment and everything is disinfected after each use. This ensures safety for everyone."</p>	Provided by Vendor

